



# DR. RAY GREWAL DR. AKASH VILLING

Certified Specialists Oral & Maxillofacial Surgery

ORAL SURGERY & DENTAL IMPLANT CENTRE  
SURREY - VANCOUVER - NEW WEST

## INTRAVENOUS SEDATION INSTRUCTIONS GENERAL ANESTHETIC INSTRUCTIONS

1. **DO NOT** eat food or drink liquids of any kind **for 8 hours before your appointment time** (this includes: water, gum, candy, mints, or anything by mouth).
2. If you take prescribed medications, please take them with a sip of water, unless otherwise instructed by the doctor.
3. Do not wear contact lenses, make up, hair pins, jewelry, nail polish or loose fitting shoes.
4. Wear a shirt with short sleeves.
5. **You MUST** have a responsible adult to take you home. Under no conditions can you drive yourself home. Taxicabs are only acceptable if accompanied by a responsible adult.  
**Transit or walking home is NOT acceptable.**
6. Have someone at home who can assist you and help take care of your needs on the day of surgery.
7. **YOU MUST NOT** drive an automobile or operate hazardous machinery for at least 24 HOURS after your anesthetic.
8. **DO NOT** drink alcohol or use drugs 24 hours before surgery (this includes marijuana).
9. Call our office if you have a COLD, FLU or COUGH.

**We will not be able to put you to sleep if these instructions are not followed and a fee will be applied.**

**If you have any questions or concerns please contact our office.**

We require 2 business days notice to cancel or reschedule an appointment or a fee will be applied.

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